



## Flathead City-County Health Department

### Tobacco Use Prevention Program

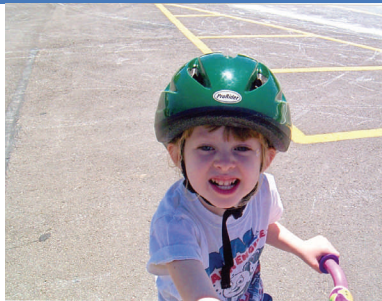
On June 22<sup>nd</sup>, the United States said goodbye to the use of the words such as light, mild, and low tar in tobacco products. Unfortunately, tobacco companies responded to the ban by shifting to color coded products indicating lights, ultra lights, etc. This change in policy is part of the Family Smoking Prevention and Tobacco Control Act which also limits tobacco advertising and flavored cigarettes. The workplan and budget for Fiscal Year 2011 was completed and approved

by the Montana Tobacco Use Prevention Program. Flathead CARE will receive \$6,000 to conduct youth-based activities through the STAND Club in Kalispell School District and the schools that fall into Flathead CARE's consortium. Leslie participated in Project Homeless Connect distributing tobacco cessation materials and referring participants to the Montana Tobacco Quit Line. The STAND Club at Glacier and Flathead High Schools made a tobacco education

presentation to 80 youth at Flathead CARE's Kids Camp in June. The STAND Club also presented to 120 parents on new tobacco innovations, such as sticks, strips, orbs, and e-cigarettes. The annual reACT Teen Summit was held in June at Carroll College. This 3 day event brings youth from across Montana together to stand up to corporate tobacco companions with a message to stop targeting youth. Approximately 120 youth attended this year making the Summit a great success.

### Safe Kids Safe Communities

A bike rodeo was held at Edgerton School in early June, with 70 students participating. Groups rotated between three stations, learning the importance of wearing a correctly fitted helmet, rules of the road/safety messages and skill development riding their bikes. On June 19th Safe Kids Safe Communities joined together with Kalispell Fire and Big Brothers Big Sisters to offer the Flathead Youth Bicycle Safety Fair and Bicycle Rodeo in the Super 1 Foods Store parking lot. 175 free bike helmets were given to participants of the rodeo. Youth were given the opportunity to practice skills to help make them a better and safer cyclist, have their bike inspected and have helmets ad-



justed. Pepsi supplied the grant to pay for the helmets. 11 new child passenger safety technicians were trained according to the 32 hour National Highway Traffic Safety Administration curriculum. There will now be techs available to help fami-

lies correctly use their car seats at Evergreen Fire/Rescue, Lakeside QRU, Big Brothers Big Sisters and Montana Highway Patrol. 25 car seats were checked this month with 8 seats provided to families. Parkside Credit Union participated in a seat belt promotion by placing buckle up stickers on receipts and envelopes prior to the 4th of July weekend.

## Health Promotion Division

- > **Breast and Cervical Health Program** Sally Kay Bertelsen Jennifer Leavitt 751-8162
- > **Comprehensive Cancer Control** Wendy Olson 751-8106
- > **Emergency Preparedness** Jennifer Rankosky 751-8128
- > **Nutrition and Physical Activity** Wendy Olson 751-8106
- > **Tobacco Use Prevention Program** Leslie Deck 751-8107
- > **Safe Kids Safe Communities** Wendy Olson 751-8106





## Comprehensive Cancer Control

## Nutrition and Physical Activity

June was spent completing current work plan deliverables and developing the new work plan for 2010—2011. This next fiscal year the Montana Cancer Screening Program and the Comprehensive Cancer Control Programs will combine into one. There will be one set of deliverables, work plan and budget. It is anticipated that this will increase efficiency and decrease program overlap. All staffing remains the same.

### NAPA

For this next grant year, expectations for the NAPA program are to reach out to another county and help start a wellness program. Lake County Public Health Department has agreed to participate in this project. Interventions will focus on increasing the consumption of fruits and vegetables and the amount of physical activity done.

## Montana Cancer Screening Program

.In June we enrolled 77 women for breast and cervical cancer screenings. 9 women had abnormal breast results. 4 Native Americans were enrolled in the program and Tribal Health referred 3 women into the program. At the end of the fourth quarter we have screened 962 women (107% of the goal) and 90 Native Americans (90% of the goal).

At the end of year in colon cancer screening we enrolled 137 patients. 82 are currently screened. (77% of the goal). We are waiting on the data of 55 patients to be returned to

us. Seven patients had positive FOBT cards and were referred for a colonoscopy. One patient refused the follow up colonoscopy. One patient had an abnormal colonoscopy.

*Walking the Rez* is in its fifth year. The Tribal Health Fitness Center/Diabetes Program and the FCCHD sponsors the Flathead reservation program to promote and encourage daily fitness by walking. It begins on Valentine's Day and wraps up on Mother's Day. A total of 37,119 miles

were walked by the 291 participants. The youngest participants were 3 years old and the oldest was 89.

The FCCHD will be partnering with Tribal Health, North West Imaging, North West Health Care and the MT Cancer Institute to bring the Winkley Mammogram coach to the Arlee Pow-wow on July 2 from 9-5. Native American women of the Flathead reservation who have never had a mammogram are the target population.



## Emergency Preparedness

**Be Prepared.  
Plan Ahead.**



The 3rd quarter deliverables have been submitted and work has begun on 4th quarter deliverables.

In the month of June, Leslie and Jen certified 16 Flathead Dispatchers in Health Care Provider level CPR. The feedback from the dispatchers was positive. Their supervisor Marjory sent us this email "I have received a lot of great comments on the CPR training - those that have attended say it's one of the best they've ever taken."

H1N1 shots continue to be given throughout the valley. Our funding and spending for H1N1 will end July 30th.

Our Operations, PIO, and Communications books are almost completely updated and will be redistributed to the divisions in August.

Marcy White has finished her time here and we want to extend a huge THANK YOU to her and all her hard work. Her organizational skills and attention to detail were invaluable resources in this PH event. She will be missed.

# Montana Cancer Screening Program Site 1 Colorectal Statistics

March 1, 2009-July 19, 2010



- 88 Colonoscopies Completed
- 51 Normal
  - Waiting on 23 results
    - 3 High Risk (symptoms/family history) Normal result
    - 3 Inadequate/Incomplete-Proceeded to Barium Enema
      - Normal results
    - 34 Polyps
      - 18 Hyperplastic Polyps
      - 16 Adenomatous Polyps, no high grade dysplasia

- 62 FOBT Cards-Waiting on 38 results.
- 10 Positive FOBT's-eligible for colonoscopy
  - o 1 Refused
  - o 3 Normal Colonoscopies
  - o 5 Colonoscopies Scheduled
  - o 1 Waiting for patient to receive work schedule so that he may schedule.
- 3 Voids (people who were approved for program & didn't follow through.
- 29 Colonoscopies Scheduled
- 63 People on waiting list for colonoscopies.  
(Only 25 more colonoscopy slots for the fiscal year-beginning July 2011)
- People who were not eligible: 29 to date
  - o Due to symptoms: 23
  - o Due to age: 3 (age 50-65)
  - o Due to income: 3